

Monster Munchie Mix

4 cups mixed square corn & rice cereal (Chex)
1 cup pretzel sticks
1/4 cup butter
2 tsp Worcestershire sauce
1 tsp garlic powder
2 cups assorted baked cheese crackers (Cheez-Its)
1 cup M & M candies for Halloween
3/4 cup candy corn
1/2 cup yogurt covered raisins
1/2 cup chocolate covered peanuts
1/2 cup mellocreme pumpkin candies (Jelly Belly)
Gummi bats and tarantulas

Preheat oven to 300° F. Line baking sheet with foil. In bowl, combine cereal and pretzels. In a small microwave-safe bowl, microwave butter in 15 second intervals until melted. Stir in Worcestershire and garlic powder; microwave in 15 second intervals until garlic powder is dissolved. Pour over cereal mixture; toss well to combine. Spread mixture in a jelly roll pan. Bake until crisp and fragrant, about 10 minutes, stirring halfway through baking time. Stir in crackers; cool completely. Transfer to serving bowl; stir in remaining ingredients.

Nutrition Information:

Servings: 12; Calories: 360; Protein: 4g; Fat: 13g (6g saturated); Transfat: 0g;
Cholesterol: 57mg; Carbs: 42g; Sodium: 286mg; Fiber: 2g; Sugar: 38g.